

**ENTRY SUBMISSION:** all entries will be submitted through Milesplit ([www.kytrackxc.com](http://www.kytrackxc.com)), and coaches must have a meet entry password in order to submit entries. Interested coaches may contact Coach Barry Haworth via email ([bmhaworth@louisville.edu](mailto:bmhaworth@louisville.edu)) for the meet entry password.

- Entries must be submitted by Tuesday, March 22 at 11:59pm
- Team entries: due to capacity constraints with our facility, entries will be limited to a set number of teams on a first come-first served basis. If we reach this limit prior to our entry deadline of March 22, then the meet will be closed to new team entries. Interested teams who do not get into the meet can be placed on a waiting list, and will be contacted in order of their position on that list if an opening occurs.
- Questions regarding how to use the Milesplit entry system should be brought to the Kentucky Milesplit webmaster, Chris Hawboldt ([kymilesplit@gmail.com](mailto:kymilesplit@gmail.com)), who can work with coaches on resolving these entry issues.
- If you contact us for a meet entry password and choose not to attend the meet, then please contact Coach Barry Haworth ([bmhaworth@louisville.edu](mailto:bmhaworth@louisville.edu)) as soon as possible so that we can properly seed the meet and allow in any teams who may be on the waiting list.
- **When setting up entries:** when coaches first set up their entries, they will be asked to select the divisions where their athletes will compete. There are 2 divisions, an Open Division and an Elite Division. Unless coaches know for sure that they will only compete in one of these divisions, we recommend clicking on both the Open and Elite Division buttons when setting up entries.

**ENTRY GUIDELINES:** when submitting entries, please note the following below.

- **Elite Division entries:** coaches may enter up to 3 athletes per event (please note our policy regarding the entry of Elite Division 100m and 1600m athletes with certain personal bests).
- **Open Division entries:** coaches may enter up to 4 athletes per event
- **Relay entries:** coaches may enter 1 relay team per relay event (Club Coaches: please note our restrictions on relay entries from club teams)
- **Maximum number of events:** athletes may compete in up to 3 individual events across both divisions. This does not include relays. I.e., athletes can compete in 3 elite division events, 3 open division events or some combination of elite and open division events that totals to 3 events overall.
- **On meet day:** coaches cannot add new athletes to an event, but they may substitute one athlete for another athlete, as long as the new athlete has a competitor number. Athletes without a competitor number may not compete in the meet.

**CLUB TEAM RELAYS:** please note the following guidelines for club teams entering relays.

**We do not allow super-relays.** All members of every relay team must attend the same school.

Club team coaches interested in entering relay teams in this meet must do the following for each relay team they submit.

- Prior to the closing of entries, the club coach must submit a list of up to 8 competitors for each relay team entry. For every club team relay entry, we need the name of each competitor, the grade of that competitor (if that athlete is not otherwise competing) and the school where that competitor attends.
- We will verify every club team relay entry. If it is not possible to verify that a specific club team athlete attends the same school as the other relay team members on a specific relay, then we reserve the right to drop that athlete from consideration for that relay. Only verified athletes will be allowed to compete in any relay event.
- **Note:** once the meet begins, club team relay lists cannot be changed (i.e. no additions or substitutions can be made on meet day with any relay list). Again, only athletes verified to compete on a specific club team relay will be allowed to compete on that relay team.

**WHEN ENTERING 100m or 1600m ATHLETES:** we have the following entry policy regarding entries in the Elite Division 100m dash and Elite Division 1600m run.

- **Teams entering athletes with faster personal best times:** athletes hitting one of the standards below can be entered in the 100m or 1600m, i.e. in the race where their personal best is below our standard. This entry may be made in addition to that team's 3 individuals per event limit in that event. These personal best performances must be listed at Milesplit and must be FAT performances (i.e. we will not accept handtimes).. E.g., if a team has a boy listed at Milesplit with a personal best FAT time of 12.40 for the 100m dash, then that team's coach may enter this boy in the Elite Division 100m dash in addition to that team's 3 entries in the Elite Division Boys 100m dash.
- **Individual athletes who meet one of these standards:** we will waive your individual entry fee if you compete in the event where you met that standard. E.g., if you are a boy with a personal best time of 12.40 listed at Milesplit in the 100m dash (FAT performances only), then you may enter the meet and will not pay the individual entry fee if you compete in the 100m dash. Note that you may still compete in up to 2 other individual events.

<b>Elite Division Event:</b>	Boys	Girls
100m dash (FAT)	12.50	13.50
1600m run	5:15.00	5:50.00

- Please contact Coach Barry Haworth about how to submit these additional entries.